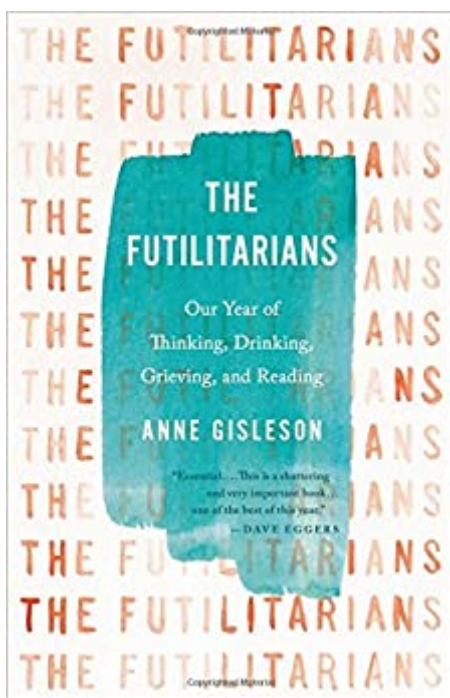


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# The Futilitarians: Our Year Of Thinking, Drinking, Grieving, And Reading



## Synopsis

Recommended Summer Reading -- Louise Erdrich, New York TimesA memoir of friendship and literature chronicling a search for meaning and comfort in great books, and a beautiful path out of griefAnne Gleson had lost her twin sisters, had been forced to flee her home during Hurricane Katrina, and had witnessed cancer take her beloved father. Before she met her husband, Brad, he had suffered his own trauma, losing his partner and the mother of his son to cancer in her young thirties. "How do we keep moving forward," Anne asks, "amid all this loss and threat?" The answer: "We do it together." Anne and Brad, in the midst of forging their happiness, found that their friends had been suffering their own losses and crises as well: loved ones gone, rocky marriages, tricky childrearing, jobs lost or gained, financial insecurities or unexpected windfalls. Together these resilient New Orleanians formed what they called the Existential Crisis Reading Group, jokingly dubbed "The Futilitarians." From Epicurus to Tolstoy, from Cheever to Amis to Lispector, each month they read and talked about identity, parenting, love, mortality, and life in post-Katrina New Orleans, gatherings that increasingly fortified Anne and helped her blaze a trail out of her well-worn grief. Written with wisdom, soul, and a playful sense of humor, The Futilitarians is a guide to living curiously and fully, and a testament to the way that even from the toughest soil of sorrow, beauty and wonder can bloom.

## Customer Reviews

Praise for The Futilitarians: "This is a shattering and very important book-and will, if there is justice (and there must be justice), be considered one of the best books of this year. There is an ocean of hurt here, but Gleson manages to sail through it and show us everything that's beautiful about this sea of pain. If you love existential literature, or New Orleans, or your family, or are curious about the meaning of life, then you will find The Futilitarians to be an essential book." •Dave Eggers, New York Times bestselling author of The Circle and What is the What"After Katrina, New Orleanians became experts in resilience. Anne Gleson has captured that spirit poignantly in The Futilitarians, which explores how we can find meaning in our lives by struggling back from tragedies. Whether as communities or as individuals, she shows, we do it by holding hands and moving forward together." •Walter Isaacson, president of the Aspen Institute and New York Times bestselling author of Steve Jobs and Einstein: His Life and Universe

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